



## Peer teach – Foreign foods

### Food Technology

Your task is to undertake the running of a double period. You are to introduce the class to a recipe that originates from an international country.

You are required to submit the following:

- Recipe (referenced, numbers of serves, preparation/cooking/serving & presentation time, total time)
- Method of cooking (Include tips and techniques, food preparation skills required, cooking methods, important tools and equipment)
- 4 questions for the class to analyse the cooking process. (analyse the task)
- Evaluation template to describe the sensory qualities (EG: taste, smell)
- Information about the culture and history of this recipe (half page)

You must complete this as a handout for the students to use in class.

*Recipes must be affordable and students should be able to cook/eat/clean in a double period.*

All of these will be stored and kept so that you have a recipe book at the end of the term.

**BE AS CREATIVE AS POSSIBLE WITH YOUR RECIPE AND BOOKLETS!!**

**NB: No nuts/sesame oils**

